WEEKLY CLEANING / 1 OF 1

A lighter weekend reset

100 minutes planned / 2 days / 60 min/day target

SATURDAY / 50 MIN

☐ Clean bathroom	25 min
☐ Change bedding	15 min
☐ Dust surfaces	10 min

SUNDAY / 50 MIN

☐ Clean kitchen surfaces	15 min
☐ Vacuum floors	20 min
☐ Wash towels	15 min

A LITTLE EVERY DAY / NOT INCLUDED IN WEEKLY MINUTES

☐ Put things back	Daily
☐ Wipe up spills	Daily
☐ Clear the sink	Daily

NOTES

A single task stays on one day. If a long job is too much for one session, split it into two specific lines.

Time estimates are editable. Daily reset time is additional.